

# Exclusive AESTHETIC TREATMENTS

**Put your best face forward with the help of Revive Dermatology Clinic and Spa. Revive is bringing cutting-edge injectable treatments to the Midwest.**

Have you been searching for a way to look younger and more refreshed? Revive Dermatology Clinic and Spa in Ankeny has the solutions you've been waiting for.

Owner Stefanie Gatica is one of only 15 elite injectors in the United States — and the only one in the Midwest — to be selected as a mentee to world-renowned Brazilian plastic surgeon Dr. Mauricio de Maio, who has developed a scientific method for injecting facial fillers called MD Codes.

MD Codes, or medical codes, are based on a system that considers the depth of the injection, proper delivery and technique, as well as the proper amount of filler needed for a patient to see predictable, natural improvements. It's science — and art.

"Dr. de Maio believes the treatment should be beautiful to watch" Gatica says. "It's almost like watching a ballet. Every movement — from marking the patient to delivering the injection — is very gentle and graceful. Doing everything very precisely on the outside makes the injections perfect on the inside."

The careful movements also eliminate the need for ice and anesthetic — and produce less bruising and pain than typical treatments.

Gatica sees learning de Maio's techniques as a path to broaden her already extensive knowledge base — she has a Doctor of Nursing Practice degree and is family nurse practitioner-certified — and give patients the best care possible.

While other aesthetic providers try to learn the MD Codes from afar, Gatica benefits from one-on-one training with de Maio — including multiple in-person sessions and critiques. "He strives for perfection and with each mentee and has a rigorous approach to achieve the highest standards," she says.

Once Gatica — who is already a national trainer for aesthetic providers — completes the MD Codes mentorship, she will be one of the first to train other injectors around the nation.

"These are extremely advanced injection techniques that will help ensure natural results for every single patient," she says. "Patients will see amazing results. They'll still look like themselves — but the most beautiful version of themselves."

Gatica — the only aesthetics provider in the Midwest who is part of this exclusive MD Codes mentorship program — will train the other injectors at Revive in the technique after she completes the program.

The cutting-edge treatment ensures patients don't have to worry about the misshapen looks seen in stars like Madonna and Mickey Rourke. Instead, MD Codes offers stunning transformations like Lindsay Lohan's.

Today's fillers, when combined with Botox, laser treatments and medical-grade skin care, create a subtle, natural look. With the MD Codes method, providers form a plan with patients to achieve their goals. For some, the results will be immediate. For others, the plan may be to work toward a goal over a year or 18 months. Each outcome is unique to the patient, but the result will meet that person's goals. And goals can easily be adapted over time.

"It's all about balancing," Gatica says. "Looking your best is an ongoing endeavor. We're here to help."

Whether you're 25 or 75, Revive Dermatology Clinic and Spa has what you need to look and feel your best — from injectable fillers to facials to lasers and weight-loss treatments.

**“Our goal is to make you feel more youthful, look natural, well-rested and appear like you just came home from a relaxing vacation.”**

*– Stefanie Gatica*



Stefanie Gatica, DNP  
Owner, Revive Dermatology Clinic and Spa



MD Codes mentorship



Dr. Mauricio de Maio  
Founder of MD Codes

**If you've considered visiting a medical spa but have trepidation, fear not. Stefanie Gatica has some tips for making it the best experience possible.**

**Do your research to find a reputable med spa and injector.** Choosing a facility that is clean and state-of-the-art will improve outcomes.

**Understand the risks.** Ask what emergency protocols are in place in case something goes wrong, which is possible.

**Seek a medical professional with a respectable resume** who will provide proper medical care.

**Nurses can do beautiful work** and are some of the best injectors. However, Botox and fillers are medications and must first be prescribed by a nurse practitioner, physician assistant or physician, after seeing the patient.

**Understand that aesthetic treatments aren't cheap.** You'll get what you pay for.

**Take a hard look at the injector who will do your treatment.** If you don't like what they've had done to themselves, or what the staff looks like, you might not like what they do to you.

**Find an injector who is willing to say "no."** Gatica said she has kept many clients from going overboard.

To learn more or request a consultation, visit [reviveclinicandspa.com](http://reviveclinicandspa.com).



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